
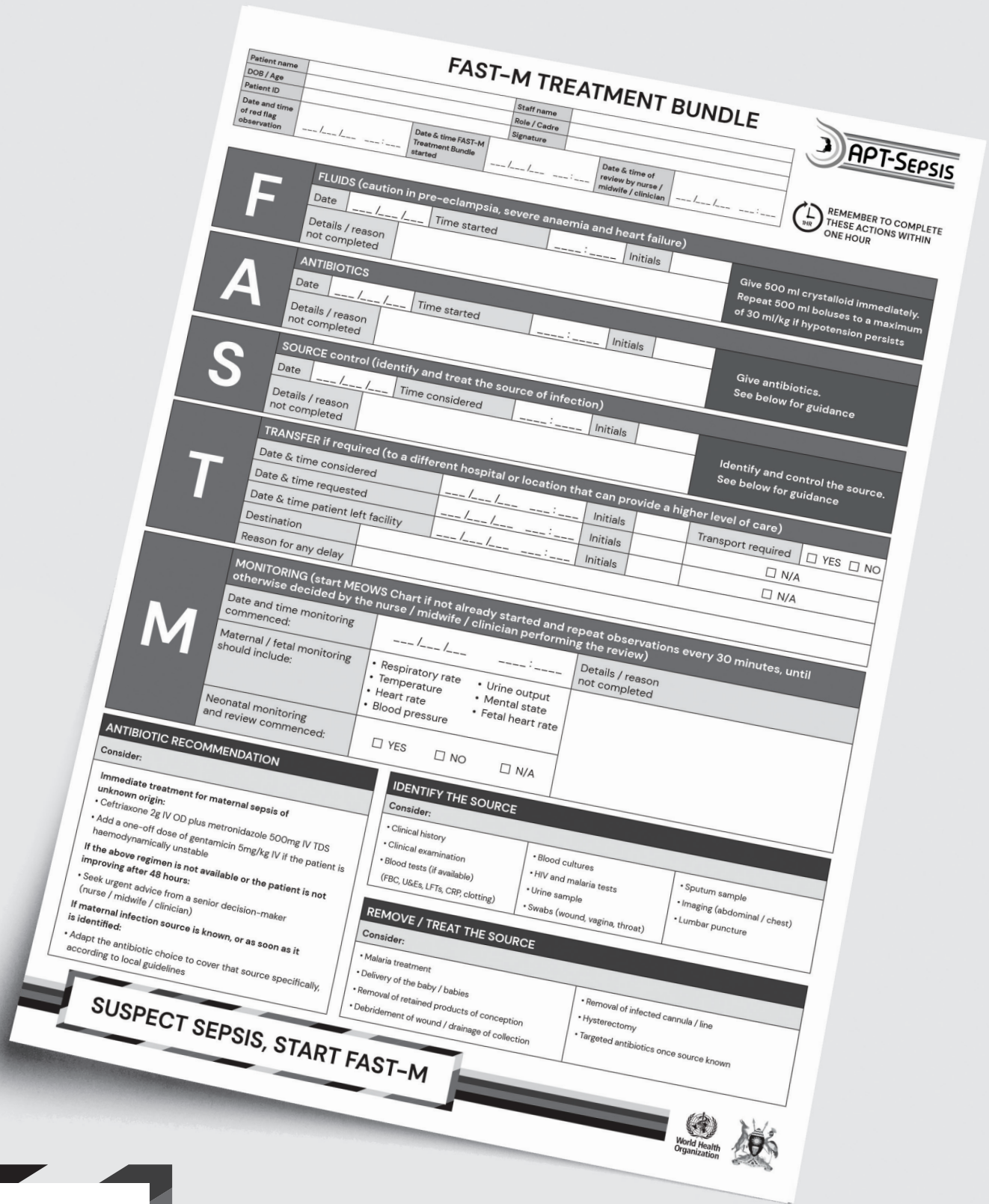


Start FAST-M as soon as you suspect sepsis

 REMEMBER TO COMPLETE WITHIN
ONE HOUR OF SUSPECTING SEPSIS



USE THE FAST-M TREATMENT BUNDLE

F	Fluids	<ul style="list-style-type: none"> Give intravenous fluids EARLY in suspected sepsis Intravenous fluids help maintain the blood pressure and ESSENTIAL to prevent and treat hypovolaemic shock Be cautious if there are signs of heart failure or pre-eclampsia: SEEK HELP if uncertain
A	Antibiotics	<ul style="list-style-type: none"> Starting antibiotics in suspected sepsis is VITAL Start antibiotics AS SOON AS POSSIBLE Follow local guidelines to direct treatment and choose the CORRECT antibiotics
S	Source Control	<ul style="list-style-type: none"> Sometimes, the source of infection CHANGES MANAGEMENT ALWAYS make sure your choice of antibiotics treats the site of infection ALWAYS consider whether a source of infection needs to be removed by a procedure or surgery
T	Transfer	<ul style="list-style-type: none"> People with sepsis must be cared for in an APPROPRIATE ENVIRONMENT ALWAYS consider whether your patient needs to be transferred to a setting with MORE SPECIALISED CARE
M	Monitoring	<ul style="list-style-type: none"> Monitoring MUST BE CONTINUED in suspected sepsis Continue to monitor vital signs every 30 minutes until otherwise decided by the clinical decision-maker (and ideally AT LEAST every 3 hours whilst there are still RED or YELLOW flags triggered on the MEOWS Chart) If a patient is not improving, CALL FOR HELP